



# **Ford 6 Cylinder - Part #07-013**

## **144, 170, 200, 250**

### **Hydraulic Flat Tappet**

<b>Grind # H-274-0-B</b>	<b>Advertised Numbers</b>	<b>Numbers @ .050</b>
Intake Duration	274	224
Exhaust Duration	274	224
Lobe Center	110	110
Centerline Timing Events	105 INT	115 EXH
Intake Valve Opens/Closes	7 @ .050	37 @ .050
Exhaust Valve Opens/Closes	47 @ .050	-3 @ .050
Valve Lift Based on (1.6) Rocker Ratio	.464 INT	.464 EXH
Valve Lash (Hot)	½ to 1 Full Turn	½ to 1 Full Turn
Set Springs up at (85-120) lbs. Seat Pressure		

CSC recommends degreasing your Camshaft in on the #1 Intake using the Lobe Centerline Method. If you need help degreasing in your camshaft, please feel free to contact us.

[www.ClaySmithCams.com](http://www.ClaySmithCams.com)

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