



Ford 6 Cylinder - Part #07-007

144, 170, 200, 250

Hydraulic Flat Tappet

Grind # H-256-0-B	Advertised Numbers	Numbers @ .050
Intake Duration	256	206
Exhaust Duration	256	206
Lobe Center	110	110
Centerline Timing Events	107 INT	113 EXH
Intake Valve Opens/Closes	-4 @ .050	30 @ .050
Exhaust Valve Opens/Closes	36 @ .050	-10 @ .050
Valve Lift Based on (1.6) Rocker Ratio	.456 INT	.456 EXH
Valve Lash (Hot)	½ to 1 Full Turn	½ to 1 Full Turn
Set Springs up at (120-130) lbs. Seat Pressure		

CSC recommends degreasing your Camshaft in on the #1 Intake using the Lobe Centerline Method. If you need help degreasing in your camshaft, please feel free to contact us.

www.ClaySmithCams.com

Tech Line: 714-523-0530